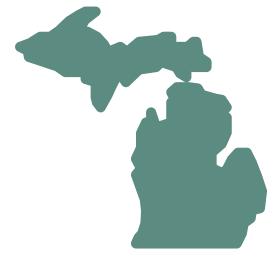




MICHIGAN POISON & DRUG
INFORMATION CENTER
WAYNE STATE UNIVERSITY



Recovery & Mental Health Resources

STATE OF MICHIGAN
(by county)

UPPER PENINSULA

North Care Network (Alger, Baraga, Chippewa, Delta, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft)
1(800)305-6564 Available 24 hours a day, 7 days a week

Great Lakes Recovery Centers: 1-906-228-9696 www.greatlakesrecovery.org

LOWER PENINSULA

Northern Lower Peninsula

Northern Michigan Regional Entity (Alcona, Alpena, Antrim, Benzie, Charlevoix, Cheboygan, Crawford, Emmet, Grand Traverse, Iosco, Kalkaska, Leelanau, Manistee, Missaukee, Montmorency, Ogemaw Oscoda, Otsego, Presque Isle, Roscommon, Wexford)
1(800)834-3393 Available 24 hours a day, 7 days a week

Mid Michigan

Lakeshore Regional Entity (Allegan, Kent, Lake, Mason, Muskegon, Oceana, Ottawa)
1(800)897-3301 Available 24 hours a day, 7 days a week

Mid-State Health Network (Arenac, Bay, Clare, Clinton, Eaton, Gladwin, Gratiot, Hillsdale, Huron, Ingham, Ionia, Jackson, Mecosta, Newago, Saginaw, Shiawassee, Tuscola,
1(844)405-3095 Available 24 hours a day, 7 days a week

Region 10 (Genesee, Lapeer, Sanilac, St. Clair)
1(888)225-4447 Available 24 hours a day, 7 days a week

South West

Southwest Michigan Behavioral Services (Barry, Berrien, Branch, Calhoun, Cass, Kalamazoo, St. Joseph, Van Buren)
1(800)781-0353 Available 24 hours a day, 7 days a week

South East

Community Mental Health Partners of SE MI (Livingston, Monroe, Washtenaw)
1(800)440-7548 Available 24 hours a day, 7 days a week

Oakland County Community Mental Health Authority (Oakland)
1(248)464-6363 Available 24 hours a day, 7 days a week

Macomb County Community Mental Health Services (Macomb)
1(586)948-0222 Available 24 hours a day, 7 days a week

Detroit Wayne Mental Health Authority (Wayne/Detroit)
1(800)241-4949 Available 24 hours a day, 7 days a week



***Call 911 IMMEDIATELY if anyone experiences loss of consciousness, difficulty breathing, or any signs of physical or mental distress.**



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National Resources



CALL 1-800-662-HELP(4357)

or

Visit: FindTreatment.gov



National Institute on Alcohol
Abuse and Alcoholism

Visit: DRUGABUSE.GOV

Campus Drug Prevention

www.campusdrugprevention.gov



www.veteranscrisisline.net

1-800-273-8255 dial 1



www.suicidepreventionlifeline.org

1-800-273-8255

Youth Line
Peer to Peer
4-10pm PST

let's talk.

877.968.8491
teen2teen to 839863



The Poison Help Hotline

Available

24/7/365

Free, Confidential, and Expert Advice

www.mipoisonhelp.org

